

## **DISCOURSE BY**

## BELOVED MIGHTY ARIES

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eloved People of Earth, in the fullness of the Mighty Love of the Universe, in the Presence of the Great Fire Breath of the "Beloved I AM Presence" and the Ascended Host, and in the Victory of

the Ascended Masters and Cosmic Beings to this System of Worlds, I come tonight to the Beloved Family of the Blessed Saint Germain. May I bear to you the Blessings and the Love of the Element of the Air. May Its Inspiration, Its Sacred Fire, Its Illumining Presence, ever abide within and around you to enfold you in the Sun of the Light, the Sun Presence of the Light from the Heart of Creation that interpenetrates all things. May you absorb this tonight as Electronic Force and Energy within yourselves, your mental and feeling world. May you absorb this Sacred Fire Breath of the "Beloved I AM Presence" and from the Physical Sun and the Great Central Sun. These magnificent Activities of the Sacred Fire of the Universe interpenetrate all the Elements. They abide within those Elements, and They are the Moving Force.

The Activity of the Sacred Fire is the Moving Force through all the substance of all the Elements. Sometimes you think the atmosphere is invisible, and perhaps to the

physical sight for a time it is. But there abides within the atmosphere of Earth-and with the Element of Air within individuals, there abides always the Sacred Fire Life of the Great Cosmic Light of the Universe, the Light from the Great Central Sun and the Physical Sun that ever sheds Its Radiance, blazes Its Illumination before you, and fills you with the Light of Its Comprehending Consciousness. For I assure you, the Great Light that radiates forth from the Physical Sun and the Great Central Sun, containing within It certain Activities of the Fire Element, brings into the outer self, the outer consciousness, the Illumining, Comprehending Intelligence of the Mighty Beings in the Great Central Sun and the Physical Sun who direct manifestation everywhere, who give Life everywhere, who control and hold Balance everywhere, and who are the Directing, Illumining, Raising, Expanding Power within the Life of the physical form, the atomic structure of mankind, within the life, the plant life of this world as well as in its atmosphere.

The Four Elements of Creation are the varying Activities and Condensation of the Mighty Activities of the Sacred Fire in the Great Central Sun. The difference in the service which each Element renders is determined by the Cosmic Beings who govern mankind's embodiment in this world. Your Beloved Virgo—in the Cosmic Service which She is to this world and within it, there abides the condensation of the substance out of which manifestation is composed. The Activity of the Water Element from the Mighty Neptune flows through that substance and carries continual expanding flow of Life and Its ever-changing manifestation to again blaze; and containing within It certain Activities of the Fire Element, produces the substance out of which your emotional bodies are composed. The Element of the Air, again containing certain Activities of the Sacred Fire from the Great Central Sun, provides an expanding, Life-giving Force through the other two Elements, through the atomic structure, and through the atmosphere of Earth, to carry into the mind the Inspiration and the Ideas from the Directing Intelligence of the Great Central Sun. Then the Element of the Fire which the Mighty Helios and those Beings from the Physical Sun direct to this world, that again interpenetrating all the other Elements, provides the conditions by which all Elements are kept in Perfect Balance, each one giving of its own special Activities into the Inner Bodies of mankind embodied here.

As the Individualized Flame from the Great Central Sun, from the "Mighty I AM Presence" of each Life Stream, is clothed in the substance of these Four Elements, the individual becomes a focus of the Consciousness, the Directing Intelligence, the Life, and the Activity of Free Will that produces manifestation that creates Systems of Worlds. And the special Service which it is My privilege to give not only is concerned with the Fire Breath from the Great Central Sun that is the Pulsation of Expansion through the atmosphere of Earth and through the bodies of those who come into embodiment in this world; but My Service of the Element of the Air carries the Inspiration from both the Higher Mental Body and from the Ascended Host into the outer intellectual consciousness of individuals. It is the conveyor of the Great Magnificent Plan of Creation-the Thoughts, the Pictures, the Divine Plan's Almighty Perfection that continually pours Its Ideas into the outer intellect of mankind.

The Element of the Air is the Expanding Pulsation and is governed by the Physical Sun and the Great Central Sun through the individual in the outer self. The Higher Mental Body of the individual governs the release of Its own Heart Flame into the outer self through the Heart, but the Element of the Air forms the atmosphere both within and around the physical body that ever carries Its Radiance into outer physical conditions. The Inner Light that is given to the mankind in this System of Worlds that radiates through the atmosphere of the Earth-that is an enfolding, tempered Action of Life, balanced and governed in Its intensity by that which is required by those embodied here. The Radiation of the Light from the Higher Mental Body into the outer self through the Unfed Flame in the Heart is the Expansion through the Electrons of the body of the Heart Flame, the Intelligence of Life, to expand and pour forth Its Radiance into outer conditions in which the Element of the Air is also pouring and expanding Light.

So when you understand the Inner and outer action of these two Activities of Light, try to feel they are still the one Great Fire Breath of Life from the Great Central Sun, the Physical Sun, each one's "I AM Presence," that holds Its Balancing Activity in whatever intensity is required for the outer self to use It to produce manifestation, and to hold that manifestation in controlled action. And it is the giving of Life into those manifestations for which you call in the physical octave that fulfill your desires, fulfill the Divine Plan, and forever expand the magnificent Blessings of the Universe into manifestation here.

I trust I may give you a secret tonight if you care to experiment with It, and that is to help energize your bodies by the Fire Breath in the atmosphere of Earth. Whenever you are depleted in energy, it is because the nerves of the body and the cells of the body are not filled with the Light that radiates forth from this Great Fire Breath. And that is why mankind does not live. If the individual's body does not breathe, it does not live. So the Fire Breath of the Almighty Life from the Great Central Sun poured forth to the atmosphere of Earth is required by the "Mighty I AM Presence" of each Life Stream to enable embodiment in this world to come into existence and act to fulfill the Great Divine Plan.

If you care to experiment with this when you seem tired or exhausted and will just go out into the fresh air alone and be quiet, and then with Love to your "Presence" and Love to the Beings of the Element of Air, use your three breaths that the Mighty Saint Germain gave to you. As you draw that breath in, qualify it; remind the intellect and command the feeling to feel the Fire Breath of the Almighty Life in the Great Central Sun. And then demand It manifest Invincible, Eternal Strength of the Light, Life's Perfection from the Great Central Sun, into the physical body, and then through that into the atmosphere about you.

If you fill yourselves with this Great Fire Breath of the Almighty Life in the Great Central Sun which your "Mighty I AM Presence" is, and as you draw this into yourselves, you ask that Its Sacred Fire Presence give you all that your "Beloved I AM Presence" requires in the outer self to do through you that which always produces Perfect manifestation, you can rest yourselves. You can re-energize yourselves. You can have Transcendent Healing. You can have Purification, and you can have the Mighty Inspiration of the Ascended Masters' Illumining Consciousness as you ask the Fire Breath of the "Mighty I AM Presence" in the Great Central Sun to draw into you the Ascended Masters' Illumining Intelligence and Comprehending Consciousness that fills the outer mind with Its Perfection, and forbids existence in the outer mind of the confusion of mankind's suggestion. The more you accept this and use It, the less will you find what you call sometimes "tramp thoughts" coming to your consciousness, or suggesting to you things that are but an obstacle or just the general confusion in the atmosphere that is but the radiation of other individuals. Your own atmosphere—and I mean by that the radiance around the physical body for at least three feet in every direction, and farther if you so desire it, if you desire that radiance to go forth farther, call to your "Beloved I AM Presence" and to Me and those Beings of the Air Element to keep the atmosphere about you Invincibly, Eternally Pure, and fill you with the Strength of the Fire Breath of the Almighty Perfection of Life in the Great Central Sun.

These Activities are everywhere in the physical world; but mankind does not understand and has not been taught to take time to just fill the outer self with the greater Blessings of the Almighty Life that fills the whole world and its atmosphere. So, We, as Elder Brothers of mankind, are the Teachers of the lesser Life that is expanding its activity here. But those of vou who understand the "Beloved I AM Presence" and the Ascended Host, when you use the phrase, "The Fire Breath of the 'Almighty I AM Presence' Life in the Great Central Sun" which fills the atmosphere about you-if you require more of that Life, if you require more of Its Energy, if you want more of Its Strength and Its Light, go into the open atmosphere and draw It into yourselves with a definite recognition of what It is. When you ask the Greater Life, the Fire Breath of the Almighty Life-Almighty! the Mightiest Activity of all Perfection-to fill you with Itself, and you take time to receive It and you command It to expand Its

Eternal Perfection through you, you will be blessed beyond words to describe. You will become the Radiating Center of that Sacred Fire Presence; and your Life, filled with the Greater Life, will contain and expand and pour forth more of the Ascended Masters' Perfection which They want you to have.

For the Protection of those who are concerned with transportation in the air you may be a powerful assistance. When you think of your air service, the airplanes of the world, you can ask that each be enfolded in a Sun Presence of the Great Fire Breath of the Almighty Life of the Great Central Sun that compels Perfection to possess and control the flight of each plane wherever it goes. You would be surprised how some with destructive intent will be unable to carry that intent into outer action, and you will find It a Protecting Presence. If you understand what I mean tonight, you will be able to govern by your Calls destructive activities which have no business in your atmosphere but which might be directed at mankind if not prevented.

So when the air transportation and the planes that are sent into the air with destructive intent are sometimes held inactive and disappear, they do not always crash. They many times are prevented from accomplishing their evil, and other Activities are able to control them because they do not know those other Activities exist in the atmosphere of Earth. That which is constructive is always assisted and protected by the Almighty Life of the "I AM Presence" in the Great Central Sun. But that which is not constructive, I assure you, when it forces its way into the Fire Breath that is the atmosphere of Earth, the Breath by which the Earth itself lives and breathes, I assure you, the destructive forces are not nearly as much the master as they would like to believe and would like to make you believe. So if you care for Protection, this is one way you may have It. I hope you understand Me tonight. (*applause—audience rising*) Thank you so much, Precious Ones. Won't you be seated, please, and just remain so.

I hope you'll understand Me tonight, because this is a Power of Protection that those in your National Defense need to keep them from becoming the claws of the sinister force. It is the Protection that many of you need in your channels of travel or service, and It is a Protection to mankind in the great cities where accidents might occur. Please remember, the Beings of the Air are Master of It. "I AM" their Director. There are Legions uncountable of them. They do the Will of Perfection; but when disaster comes, it is because they have turned back destruction into itself. So, Beloved Ones, in the fullness of all that the Beings of the Air have ever poured to the mankind of Earth, I hope individuals will awaken with enough gratitude to enable the Blessings of greater and greater Perfection to come into the outer use of mankind without having to go through the frightful suffering and destruction that compels Obedience to the Law.

If everyone who is a flyer and all who use airplane transportation understood this Law and would call for all the Blessings and all the Protection of the Great Fire Breath of the "Almighty I AM Presence" in the Great Central Sun to enfold each flight, control all within the channels of transportation, you would have greater and greater and greater Perfection, greater Protection, greater Security everywhere without distress and struggle. If only mankind would understand that the Great Presence of Life, the "Mighty I AM," in Its Creation of manifested Systems of Worlds is All-wise and All-powerful, All-loving and All-pure, individuals could have Help without limit and go forward in greater expansion and progress with Mighty Happiness and Perfection and no struggle.

So when the outer self struggles, stop the pull of the outer world. Go by yourselves for just a moment, and if you only take three breaths, go through your breathing exercises just once on each one. Qualifying the breath as you take it in as the Fire Breath of the Almighty Perfection of Life of the "Mighty I AM Presence" from the Great Central Sun, ask It to fill you with Itself and your "Beloved I AM Presence" take Command of it and do that which will fill you with Its greater Perfection and Blessing. This great Assistance to Life is as free as the air you breathe. It is the Gift of Love. It is the Almighty Master Perfection of the Universe. It makes you Victorious over conditions which have disturbed you. And if you continue It, It will bring you your Freedom; and at the moment of the Ascension you will find the atmosphere becoming the Sacred Fire Love that, as you arise into the Arms of the Higher Mental Body, every change that takes place within you will be comfortable and Perfect and completed. (applause) Thank you so much.

The activity of the Air in the outer self makes the condition for the Higher Mental Body's Inspiration and greater Perfection in fulfilling the Divine Plan to come into outer physical conditions harmoniously protected and successful. So it clears the mind. It clears the feeling. It clears the atomic structure of impurity, and It blesses you beyond anything to describe. Blessed Ones, the Beings who serve mankind through the channels of the Air are transcendently beautiful, magnificent beyond words. One day I trust when you see them, you will understand how wonderful Life has been to those embodied in this world, and what magnificent Miracles of Perfection, Life, the "Beloved Mighty I AM Presence," provides for the Extension of Itself to dwell in Its World of Perfection, to give of Its Blessing to the Infinite Universe around you, and to make you the Master Presence of Its own All-glorifying Victory into the Freedom of the Ascension.

So, Blessed Ones, try to remember that the Element of the Air is part of the great Fulfillment of the Divine Plan in physical embodiment. It is part of your Ascension. It is part of the Ascension of the Earth. It is the Pathway of Light and the Radiation of Light into the mind and into the feeling that enables the Higher Mental Body to have complete Dominion in the physical world of manifestation. Blessed Ones, We have many, many, many Gifts to give you. We've only mentioned a few, but one that I am sure will bring you so much Joy is that the Element of the Air carries the "I AM" Miracle Music of the Spheres in the Ascended Masters' Octave. It carries the Ascended Masters' Consciousness to mankind embodied here; and It carries many, many, many Activities of Life into the atmosphere of Earth that mankind may comprehend if they will let Its Light come into the mind, and the "Beloved I AM Presence" teach the outer self that which it needs to know in order to understand the Universe around it and to cooperate with Its Great Divine Plan that holds Perfect Balance in all things forever.

Once, someday, and I hope not too far distant, We may make an experiment with the "I AM" Student Body and open the atmosphere of Earth and let you hear the Music in the Temples of the Sacred Fire in the Ascended Masters' Octave. Once you hear that you will know what We mean when We say worlds are created by Its Almighty Power. Everything in this world can be purified by Its Presence and healed by Its Love and perfected by Its Presence and Sacred Fire for Eternity—because in the "I AM" Miracle Music of the Spheres which the Ascended Masters give to unascended mankind from time to time, in just fragments of Its Mighty Perfection, when that is understood and used and expanded, more of Its Presence can come in and release this world from the distress and from the human creation that has been imposed upon it.

So when the Sacred Fire is understood and loved and used and drawn into this world through the Element of the Air, much Illumination will come to the mind. Much Illumination will come into the atmosphere of Earth; and the individual who makes effort to consciously recognize It and intensify and expand It in and around the physical body will find his or her atmosphere from time to time becoming more Luminous—if the Fire Breath of the Almighty Life in the Great Central Sun comes through the atmosphere of Earth and forms the atmosphere of the individual to give Its Blessings to the Universe around it.

Beloved Ones, if you dwell upon this, if you love It, if you desire It, if you use It from time to time, We will be able to give you more and more of Its Conscious Power as you use It in outer world conditions to hold the balance between the Inner and the outer activities of the Fire Element. And in that will you find the great calm Peace and the Mastery over things in this world that heretofore have caused you such distress. Call for the Fire Breath of the Almighty Mastery of the "Beloved I AM Presence" in the Great Central Sun to blaze in and around you Its Almighty Inspiration and clothe you with the Manifestations of Its Miracles and Victories and Perfection. Dwell within that and demand Peace ever abide in you and your world, and you will not know again the strain nor the struggle through which you have passed.

The Blessings of the Element of the Air are infinite and eternal. They are ever surrounding you, and they will ever give you the greater freedom of your own mastery. May you understand this tonight and call Its Boundless Blessings in and around yourselves. Then ask that Its Illumining Power come into the minds of mankind, minds of individuals, and let the mass mind of mankind be filled with the Light and the Fire Breath of the "Almighty I AM Presence" that takes mankind forward to Freedom, because It is the Purity and the Perfection of the Ascended Masters' Divine Plan that ever draws Life on and up into Its Eternal Freedom in the Ascension.

This can be given to the Powers of Nature as well as individuals. You can call these Blessings everywhere because the air is everywhere; and in the air are these Activities of the Great Master Presence of the Almighty Life of the "I AM Presence" in the Great Central Sun. So if you love It into this world, It will love the world into Its Eternal Perfection; and in that comes the Ascension for all. It is part of the Raising Power that is the Open Door to Freedom. May you dwell within It, love It, understand It, become Its Light, and ever shed Its Radiance to bring Its Blessings to Life everywhere for Eternity. Thank you with all My Heart.