



## ROUND TABLE TALKS

OUR BELOVED MRS. G.W. BALLARD RESPONDS  
TO QUESTIONS FROM THE “I AM” STUDENTS

### CARE OF THE “CRYSTAL CUP”

**Q. Would you tell us how to take care of the “Crystal Cup” in the Sanctuaries?**

**Mrs. G.W. Ballard:** In the Sanctuary after your Service is through, the “Crystal Cup” should be covered because that keeps the general dust out. . . . You are asking the Great Ones to draw Energy and Flame into this physical octave from Their Octave of Life, and there should be no more handling than is necessary to keep It clean. Do not keep moving the “Cup” around nor changing Its location. It should be left undisturbed.

*“I AM” Ascended Master Youth in Action (Conclave Edition, 1945)*

**Q. In regard to washing the “Crystal Cup,” may it be touched without gloves?**

**Mrs. G.W. Ballard:** Yes, It can be, because the moment you put your hands and the “Crystal Cup” under water, the water itself is a demagnetizer. Wash your hands first and then as you handle the “Cup,” the water flowing in and around It automatically degmagnetizes It and purifies It and releases It from any former radiation.

. . . Bless It and charge It with Eternal Purity. Handle It always with a clean towel so you do not leave your finger marks on it.

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In regard to your “Crystal Cups,” keep Them clean; but watch out in washing Them that you don’t use too hot water because They are pure crystal, and They do crack if the water becomes too hot. Try to wash Them in the upright position, although there’s nothing wrong about twisting Them around until you get Them thoroughly rinsed.

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[when moving the “Crystal Cup”] Just take the “Crystal Cup” by the base and put it someplace that’s safe and take care of it just like you would the most valuable thing in the Universe because that’s what It represents. It really represents your Ascended Master Body because when It’s filled completely with the Sacred Fire, the Light becomes for you the Eternal Body in which you function and in which, or through which, you draw forth the Master Powers of Creation and can use Them to produce Miracles and Manifestations that produce Perfection and Happiness and Blessing to every particle of Life and helps to raise all Life into the Ascended Masters’ Octave also.

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**Q. Will you please tell us about the position of the base of the “Crystal Cup” on the table. Should a flat side of the base be toward the audience, or should one of the corners point toward the audience?**

**Mrs. G.W. Ballard:** It’s well to point the corner toward the audience because the square itself is the combination of the two triangles, and if you have the triangle that goes out to the audience and the other one comes to the Group Leader at the “Cup”—it is the way you see me use It here.

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