

Beloved  
Mrs. Ballard's

## *Round Table Talks*

### **HANDS IN A RECEPTIVE POSITION**

In the use of the hands, Beloved Ones, now especially at night when Beloved Papa says, "I charge this room with the Ascended Master Consciousness," He releases the Cosmic Light Substance and the Light Rays, or the Activities of the Sacred Fire from His own Heart Flame and Hands through us. And when we sit with our hands this way in the receptive position [palms up], that Light Ray can go completely through, and not only clear out of us, as He often says, anything that's an obstruction, but it keeps charging us—our bodies and our hands and our feeling—with the Blessings and Activities of the Sacred Fire and Cosmic Light that He can give us . . . .

When you are receiving from the "Mighty I AM Presence" and the Ascended Host, the Light Rays and the Sacred Fire come down from above; and as that passes through the body, if you sit in that position, It can sweep out of the body through the feet and through the hands—it can sweep out a great deal of discord. And if you will sit there with your love and gratitude to the "Presence" or whoever is pouring out the Assistance, you are in a position harmonized and unobstructed by which your own "Mighty I AM Presence" could release through you not

## *Round Table Talks*

only Its Purification to clear your own world, but could at the same time, release into the atmosphere about you Sacred Fire for your Protection, and also Assistance to others.

People need to understand how to sit in the receptive position by which the Ascended Host can give us the greatest Assistance anytime we turn our attention to Them. And it's gotten so now you can scarcely mention Beloved Jesus or the Angelic Host without the Current coming—just like a high-powered electrical current can sweep right straight through your body. And that is the Release of His Love, or that from the Ascended Host to whom we are calling. And as we make that Call and They sweep It through us, there comes into outer physical conditions many, many times a Purifying Activity of the Sacred Fire that will hold Protection and Perfection around you or your loved ones, or give you the Health and the Strength and the Blessings which the Great Ones are so willing to give, which are everywhere at Their Command, and which we need in the unascended state.

680915-6.2

Other references to the use of hands:

*Ascended Master Instruction*, Volume 4:10:91-92

*The Voice of the "I AM"*: 79.10:8; 81.7:8; 46.12:15; 52.2:14; 89.3:16