Say to everything around you that seems to be a struggle or strain: "MY WORLD IS THE WORLD OF MY 'BE-LOVED MIGHTY I AM PRESENCE,' AND I KNOW YOU NOT!" Feel the Flame within your Heart expand those Light Rays with a sudden impelling force that will shock and drive back the pressure or the substance that sometimes makes you feel exhausted, or that causes you a sense of struggle.

When you feel tired or exhausted, say like dynamite; "NO! MY WORLD IS THE WORLD OF THE 'BELOVED MIGHTY I AM PRESENCE,' AND I LIVE IN THE HOME OF THE LIGHT!" Then make your Calls for Herculean Strength, Energy, or whatever you desire; then get some physical rest and sleep.

We want those who serve the Light to come to the point where they are more and more aware of the Light within the atomic structure itself; and when you really, with the full Authority of your own "Beloved Mighty I AM Presence" and the Ascended Masters, command the Limitless Light in you to expand with limitless pressure, then you demand Its Expansion, you will find, many times, conditions around you clearing, just all of a sudden — just like a hand took away from you the disturbing pressure that had, for the time being, taken away your joy.

Keep reminding yourselves, "'I AM' THE WORLD OF THE 'BELOVED MIGHTY I AM PRESENCE'! 'I AM' ALWAYS THE VICTORY OF THE COSMIC CHRIST THAT KNOWS NO FAILURE!" Say that dynamically, and it becomes a shock to the disturbing conditions in the atmosphere about you.

Do you see that Circle of Colors around the Electronic Body of your "Mighty I AM Presence"? That is all the constructively used energy and substance that you have gathered since you first embodied on this Earth. So, when you say, "'I AM' THE WORLD OF MY 'BELOVED MIGHTY I AM PRESENCE'!" it is as if you swung the Door wide to the onrushing of all that has been constructive in your Life Stream in the past, and It surges in and around your physical form to produce for you that which you command.

"'I AM' THE WORLD OF THE COSMIC CHRIST!" When you say that, there will unite with your own Momentum from the Causal Body, the Momentum that belongs to your Life Stream or your world, and that, as the Cosmic Christ, the Infinite "Beloved Mighty I AM Presence," is the gathered Power of the Cosmic Light that has been drawn through aeons of time, affecting and enfolding the entire System of Worlds. Say, "MY WORLD IS THE WORLD OF THE COSMIC CHRIST!"

Say often, "IN THE NAME AND AUTHORITY OF MY 'BELOVED MIGHTY I AM PRESENCE' AND THE ASCENDED HOST OF LIGHT, I DEMAND MORE LIGHT THROUGH MY LIFE STREAM!"

"'I AM' ALWAYS THE VICTORIOUS 'MIGHTY I AM PRESENCE' AND 'I AM' MASTER OF MAN WHEREVER I GO!" That means you are Master of human creation, either within yourselves or in the atmosphere about you, or that which surges around the physical forms of others.

"MY WORLD IS THE WORLD OF THE COSMIC CHRIST! THEREFORE, MY PROTECTION IS THE PROTECTION OF THE COSMIC CHRIST!"

"'I AM' THE WORLD OF MY 'BELOVED MIGHTY I AM PRESENCE'! 'I AM' THE WORLD OF THE ASCENDED JESUS CHRIST!" When you begin to acknowledge your world as the World of Him Who has led the way and Who has given the public Example of the Ascension, and Whose Momentum over the last two thousand years has been such as to draw the attention of great masses of mankind to Him in Love and Devotion and Obedience, then you acknowledge that as your world, you too will manifest the conditions and the Powers which have overcome the outer world.

Say often, "'I AM' THE WORLD OF THE HEALING CHRIST! 'I AM' THE WORLD OF THE FORGIVING CHRIST!"

When there seems to be discord or struggle, turn immediately and say, "'I AM' THE WORLD OF MY 'BELOVED MIGHTY I AM PRESENCE'! 'I AM' THE HEART OF THE ASCENDED MASTERS' FLAME!" Acknowledge that you are living in the World of the "Beloved Mighty I AM Presence"!

- "'I AM' THE WORLD OF THE FIRE TEMPLE OF THE COSMIC CHRIST! MY WORLD IS THE FIRE TEMPLE OF THE COSMIC CHRIST! 'I AM' THE FLAME OF THE FORGIVING CHRIST!" The moment you acknowledge that "I AM" various Activities of the Flame and the World or Manifestation of that Flame, I say to you, your struggle is over!
- "'I AM' THE WORLD OF THE ASCENDED MASTERS OR THE COSMIC CHRIST!"
- "'I AM' THE WORLD OF THE HEALING FLAME OF THE MASTER JESUS!" When you say that, you acknowledge two things: the MANIFESTATION and the MOMENTUM of that Being's Service through the centuries!

Do not pass judgment on any person or any part of Life. Just know, "'I AM' THE FORGIVING CHRIST! 'I AM' THE DIVINE COMPASSION OF THE GREAT LAW OF COSMIC LOVE! 'I AM' THE GREAT MERCY TO LIFE THAT LETS THE LIGHT COME IN AND CORRECT CONDITIONS!" Use this rather than trying to do it yourself. "'I AM' THE WORLD OF THE LOVE OF THE COSMIC CHRIST!"

Say to those who might pass judgment, "'I AM' THE WORLD AND THE VICTORY OF THE LOVE OF THE COSMIC CHRIST, THAT GOES FORTH TO ENFOLD ALL WITHOUT LIMIT!"

"I ENTER INTO THE UNFED FLAME IN THE HEART OF MY 'PRESENCE' AND 'I AM' THE WORLD OF THE SACRED FIRE FOR ETERNITY!"

- "'I AM' THE WORLD OF MY 'BELOVED MIGHTY I AM PRESENCE'! 'I AM' THE LOVE OF THE FORGIV-ING CHRIST! 'I AM' THE VICTORY AND THE FLAME OF THE SACRED FREEDOM OF GOD'S LOVE, AND 'I AM' THE MANIFESTATION OF THE DIVINE PLAN FULFILLED!"
- "'I AM' THE WORLD OF THE ANGELIC HOST! 'I AM' THE LOVE OF THE ANGELIC HOST! 'I AM' THE MANIFESTATION OF THE ANGELIC HOST, AND MY WORLD IS THEIRS FOR ETERNITY!" Through this you will drawn forth Their Conscious Cooperation and Their Activities as the Sacred Fire of that Love which dissolves as a fog.
- "MY WORLD IS THE WORLD OF THE ASCENDED JESUS CHRIST, AND 'I AM' THE FEELING OF HIS ASCENSION!"
 - "'I AM' THE HEALING CHRIST!"
- "MY WORLD IS THE PEACE AND THE BLESSINGS OF THE GREAT GREAT SILENCE! MY WORLD IS THE WORLD OF THE GREAT GREAT SILENCE! 'I AM' THE WORLD OF THE GREAT GREAT SILENCE! 'I AM' THE HEART OF ITS FLAME!"
- "'I AM' THE WORLD OF THE COSMIC 'I AM' MUSIC OF THE SPHERES!"
- "'I AM' THE WORLD OF THE CELESTIAL CHOIR AND THE ANGELIC HOST!"
- "'I AM' THE WORLD OF THE GREAT COSMIC MUSIC TEMPLES, AND THAT WHICH I DESIRE IS MANIFESTING BY THE LOVE OF THE COSMIC CHRIST!"
- "'I AM' THE WORLD OF THE SACRED FIRE OF THE COSMIC FREEDOM OF GOD'S HEART, AND 'I AM' THAT BLAZING OPEN DOOR TO ALL THAT LIVES, FOR THE REST OF ETERNITY!"
- "'I AM' THE WORLD OF THE ASCENDED MASTERS' DIVINE PLAN FULFILLED!"

* * * *