



OUR BELOVED MAMA'S INSTRUCTION

There is only one thing which will satisfy the outer, and this is the Inner Attainment in each individual himself. The outer remains the same until it changes within itself.

"I AM" MY CLEAR, CONSCIOUS PERCEPTION OF MY INNER SIGHT AND HEARING IN FULL ACTIVE POWER, WHICH I MAY CONSCIOUSLY USE AT ANY MOMENT OF NEED.

For instance, suppose there is an occurrence in which you suddenly need to see at a distance, see through a wall or above or below it, you can charge your outer mind with the Inner Presence of these faculties, and with a little practice be able to do this with much efficiency.

You charge the outer mind with the Fullness of the "I AM" Faculty and you should call this forth into use.

All jewels are a high activity of God's Substance. The more intense the fire, the greater the Purifying Power. Gold does not long for or adhere to anything else; all other metals or alloys cling to it. Gold is this way because it is a pure element.

Each night: "Through the Mighty Power and Intelligence which 'I AM,' I go forth while my body sleeps and make conscious contact and abundantly fulfill this requirement, no matter what it is."

“MIGHTY I AM PRESENCE”! while my body sleeps, take me to my loved ones (or to a retreat, into the Great Great Silence, into any Temple of Light wherever you wish to go). See that I receive that which I desire to know, and bring it back into my waking consciousness.

Charge my being and world with the Light and Love as of a Thousand Suns. Charge me with Divine Love which is irresistible, and register this in my body and mind, and reveal it to me in the waking hours.

“MIGHTY I AM PRESENCE”! fill my body full to overflowing with exhaustless energy, and see that I am fully rested in the morning.

Watch that your attention is not fixed on the thing you do not want. As long as a thing is in your consciousness, you will not get rid of it.

The matter of knowing God is but the restoration of forgotten memory. You can know God, because you are God!

“BELOVED MIGHTY I AM PRESENCE”! take me deep into the Secret Heart of God, and see that I draw forth things which have never been brought forth before, and bring it through into my waking consciousness.

Audible sound is creation taking place!

Only one thing can cause limitation, and that is accepting the outward appearance.