



## **OUR BELOVED MAMA'S INSTRUCTION**

### **BLESSING OF THE FOOD:**

**“BELOVED MIGHTY I AM PRESENCE”! HOLY SPIRIT OF GOD, BLESS THIS FOOD! MAKE IT PURE AND HOLY! TRANSMUTE IT INTO THY PURE GOLDEN FLAME, AND SEE THAT IT SPIRITUALIZES AND RAISES ALL OF MY BODIES UNTO THEE! I THANK THEE!**

**BELOVED LORD MAHA CHOCHAN! (3) RAISE US ALL INTO THAT ALL-DAZZLING JESUS CHRIST ILLUMINATION, THAT WE MAY BECOME THAT DAZZLING WHITE LIGHT WHICH DRAWS ALL MANKIND UPWARD, UNTIL THEY, TOO, BECOME THE GREAT DAZZLING LIGHT ALSO!**

**“YE SHALL KNOW THE TRUTH, AND THE TRUTH SHALL MAKE YOU FREE!” means the Recognition, Acceptance and Activity of the “Beloved Mighty I AM Presence”!**

**Each night: “I AM” THE ASCENDED MASTERS’ UNCONDITIONAL AND ETERNAL FORGIVENESS AND FORGETFULNESS OF ALL HUMAN CREATION, PAST AND PRESENT, AND THE REPLACEMENT OF IT BY THAT LIGHT AND LOVE OF A THOUSAND SUNS!**

**FREEDOM IS AT YOUR DOOR IF YOU WILL KEEP THE PERSONALITY HARMLESS!**

**LOVE EVERYONE WHO HAS EVER HARMED YOU IN THE PAST!**