THE ASCENDED MASTERS' LAW CONCERNING FASHIONS IN CLOTHING AND HAIR STYLING FOR MEN, WOMEN, AND CHILDREN; AND THE RIGHT USE OF COLORS!

It is the Request of the "Beloved Mighty I AM Presence" and the Ascended Masters, that those who come into This Ascended Master "I AM" Activity, understand thoroughly they cannot wear the criminally insane fashions which exist and are worn in the outer world of today!

The short skirts and indecent styles in the fashion world imposed upon the women, are created by men who hate women; and do everything possible to make them look absurd and insane.

The short skirts and other indecent styles are created by the depraved creatures, who design them for prostitutes and depraved races!

The hair styling is designed for the same reason; to make men, women and children look like insane animals instead of decent Self-respecting Beings, which Individuals ought to be!

This Ascended Master "I AM" Activity is a Gift from the Beloved Ascended Master Saint Germain, Beloved Jesus and Others of the Ascended Masters, the Cosmic Beings and Great Angelic Host!

It is the Eternal Perfection of Their Ascended Master Realm, Octave, and Activity of Life, for All Eternity and throughout Infinity! IT IS THE LAW OF PERFECTION'S FLAME!

They have given us the Mightiest and Most Divine Gift of all Eternity – on a Golden Platter containing the Pearls of Existence.

If we expect Them to continue, then all under This Radiation must be raised to and live according to the Ascended Masters' Standard of Purity, Perfection, Decency, Honesty, Honor, Courtesy, and Constructive Action!

If the Individual does not rise and live to Higher and

Higher Standards of Perfection, then he sinks to the lower because there is no such thing as standing still! Life is perpetual action – perpetual motion!

Therefore, all who are permitted to come into This Ascended Master "I AM" Activity, or are privileged to stay — even temporarily on the Property of the SAINT GERMAIN PRESS, INC., THE SAINT GERMAIN FOUNDATION, or any "I AM" Temple, Reading Room or Study Group, must comply with the Regulations established by the Beloved Great Divine Director as well as Beloved Saint Germain, Jesus, and Daddy.

This is Their Gift of Their Life, Light, and Love, and It is only given on Their Conditions; because They still possess and control It and always will for ALL ETERNITY!

Thus, all must conduct themselves according to the Ascended Masters' Way of Life's Perfection.

We do not and cannot allow the use of destructive color in clothing or decoration.

Black, red or any dirty destructive colors are used in the outer world today for the desecration and destruction of human beings, so they cannot hold to the decent Constructive Way of Life!

Black is hate! Red is anger!

When Individuals wear clothing of destructive colors or their surroundings are filled with destructive colors, only destruction can be experienced!

The Law of Energy and Vibration does not discriminate. Therefore, the Individual must take the responsibility and live within the qualities of whatever colors he or she selects; and by which the outer self is surrounded, regardless of belief or otherwise!

For This Reason the "I AM" Students who call to the Ascended Masters or want Their Help, must understand and obey the Law of Energy and Vibration, if their Calls are to be answered and Ascended Master Help given.

Therefore, let us all obey the Ascended Masters'

Request and Instruction They give and have the Greater Good of Their Way of Life, and "BE FREE"!

LOVINGLY IN THE SERVICE OF THE "BELOVED MIGHTY I AM PRESENCE," THE ASCENDED MASTERS, THE GREAT COSMIC BEINGS, AND THE GREAT ANGELIC HOST!

"I AM" MRS. G. W. BALLARD

NOTICE CONCERNING FOOD

CONCERNING EATING OF MEAT, FISH, CHICKEN, GARLIC, ONIONS, etc., This Ascended Master Instruction of the "Beloved Mighty I AM Presence" as They have given It in the Saint Germain Series, the "Voice of the 'I AM," and the Ascended Master "I AM" Dictation Records is the Eternal Indestructible Fiery Christ Truth of Life!

Animal products and this includes chicken and fish and other destructive substance, must be kept out of the body, if it is to be purified, healed, and raised into Ascended Master Perfection.

To ask the "Beloved Mighty I AM Presence" and the Ascended Masters to purify and heal the mind and body, is useless, unless obedience to This "I AM" Law is given; and the flesh body, the mind, and the feeling of the Individual, is purified and kept purified, so Ascended Master Healing and Perfection can fill and control the outer self.

The outer self must give this co-operation and obedience, if the Calls for Help are to be answered.

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