

DESCRIPTION OF THE CHART CLOSENESS TO YOUR "I AM PRESENCE"

CHICAGO CLASS

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In turning your attention to the "Mighty I AM Presence," I want you to feel very close to It for many reasons. Not only just for your own greater Perfection—of course that is paramount, but the closer you feel to your Presence, the more of Its Radiation can pour thru you, even in just passing thru a room or wherever you go.

Unless you feel close to that Presence, you do not draw Its Greater Powers into outer use. Your intellectual concept of It will help a great deal of course, because your reasoning faculties will tell you, if you make the call and get the answer It must be there, and It must have heard your call; but that is such a small percentage of what the Presence can give you and which you CAN have, if you will only feel close to It. The closer you feel to your "BLESSED I AM PRESENCE" the less mistakes you will make in the outer.

I want the "I AM" Student Body to come to the point where you do not make any mistakes. That can be done! Perfection IS in the Universe! Perfection IS in Life before It comes into these forms! Perfection IS in the "Mighty I AM Presence"! Perfection IS in the Higher Mental Body! Perfection IS in the Flame in each heart! Perfection IS in the Flame in each one's forehead! That much of each Life Stream IS Perfect and It IS the Fire Element! Your atomic structure of the flesh body down here and the feelings that go forth are the only source of problems, limitations and struggle.

So as you feel the closeness of your "Mighty I AM Presence" do you give It more Authority in your feeling world to act down here. It is the amount of feeling you have DOWN HERE, of that Presence, Its Flame and Qualities, flooding into and thru

you from above, which determines your Power to correct conditions in the outer world and release Its Power to assist others.

Many times there are conditions where only the Silence will correct the mistakes of mankind, and Silence is a VERY VERY POWERFUL RAY from the Presence. The Light Ray that goes forth from the Hand of the Presence is silent! The Light Ray that goes forth from the Heart of the Presence is silent, so far as the audible sound is concerned! The Light Ray going forth does make a tone thru the earth, but I am speaking of the Voice of the Presence thru the spoken word. The Voice of the "Mighty I AM Presence" is that which needs to be allowed to come thru the physical structure without interference.

Remember, the Presence never interferes with Itself—That is Self-evident! The Higher Mental Body never interferes with It! The Flame in your Heart does not interfere with the Seven-fold Flame in the forehead nor does It interfere with the Presence; but thru the discordant feeling in the solar plexus, if you become suddenly irritated or even just under tension, that vibration of discord goes thru your brain. You do not have to be irritated, if you are just under tension in the feeling, that rate of vibration travels out thru the voice and up thru the brain.

That is why until the student body thoroughly understands and holds Harmony, ease and relaxation in the solar plexus in the sense of calm poised control, they cannot make permanent progress. Until you maintain that as a matter of habit, there is always to some degree going forth thru the throat and the brain structure and out thru the spoken word, the thoughts and feelings of whatever other feeling is within your solar plexus. It is radiating forth thru the atomic structure of the body; and if it goes thru the body, it is radiating into the atmosphere thru you.

When a person is under tension, the emotional body begins to hurry and the muscles become tight, whether from emotional strain or concentration of something in the intellect, then the energy is wholly unguarded. Of course mental strain produces tension in the nerves, but that tightness in the feelings keeps your emotional body from being at ease. There is no reason why people should not let Perfection flow thru them. It is the interference with Perfection which is the exhausting activity in mankind. That is why Saint Germain says in the "I AM" Discourses: "It is the feeling of struggle that causes the struggle."

If the individual understood what is required or could see the Golden Light that belongs at the central portion of the body, within the Heart and the head, mankind's full color tone of

these physical forms would be a Soft Golden Light. The whole body should be luminous with a Soft Golden Light and within It should be individual Focuses of that Golden Light at the solar plexus, the Heart, the throat, like the Upper Figure in the Chart. The outer radiation should be Blue and the Inner Gold. Golden Light should glow at the base of the brain, at the Heart and back of the solar plexus.

The Nine Unfed Flames which I always ask every one to visualize when I give the Ascended Masters' Blessing, are Centers of Golden Light—like Golden Suns, within each of which stands the Unfed Flame, the Full Action of Love, Wisdom and Power at each point! If your body were luminous, you could always see that Light within and around yourself. If you could see what happens when you get under tension, you would see the Radiation of that Light shut off from the solar plexus. The moment you get tight in the feelings a shadow passes like this, (wave of hand) like heat passing off from the radiator—up from your solar plexus, into and thru the brain. Those shadows pass off again and again. That has happened so long with mankind, that the condensation of the substance of their feelings has kept the Light shut in, instead of allowing It to flow forth and illumine the atmosphere about them in which we all move!

If you remember in the "I AM" Discourses Saint Germain says, for illumining the body say: "'I AM' the visible Illumination of this body." Now in taking that up for your own individual use—do not do it just to exploit the Power of drawing the Light thru the bodies, not at all; because you would draw a lot of other things around you that you do not dream were in the Universe; but to illumine the body for the sake of purifying it, and keeping its Radiation going forth to assist others is wholly in accordance with the Law!

Then to illumine the body, say to the "Mighty I AM Presence": "Govern that Luminosity so It controls everything about me in Perfect Divine Order and fulfills only your Divine Plan." Command It to go forth and give Its Blessings, and know that everybody loves It and receives Its Blessing and there is no opposition to This Light! If that is your motive, then the Great Ones can give much Assistance to bring that about sooner than otherwise would be; but to draw forth God-Power for exploitation always brings a penalty! That is why mankind has lost those Powers which they once had, for we have all had these Powers in the past. We had the Power of the All-seeing Eye! We had the Power of Precipitation, Levitation, Etherialization and the

Power of Illumination, but It became covered over by the discord. We are now in the process of uncovering It and will you remember again, that anything in the way of tension in the body produces a shadow over the Light, which is radiating from those centers and forms a shadow around the Points of Light which are the electrons in the body.

So, until people come to the point of poise and relaxation in the feelings, the Full Light from the "Mighty I AM Presence" is not getting thru and under tension It does not get thru ; because when your nerves are tight the condition is like a kink in a hose. If you have a kink in a hose, it shuts off the water. Well a tight nerve prevents that Light from getting thru the cellular structure of the body.

Your bodies by natural construction are intended to be Self-luminous, and all you have to do to prove that, is to put your hand up in front of a flame or light and it is semi-transparent. Then you are not as dense as you thought you were, and the more you use the Light, the less dense does the flesh structure become.

What I am trying to do today, is to get you to realize that here (solar plexus) is the place to work on. If you are in conditions where there is stress, strain or hurry and other people are under tension, then they need your poise, your relaxation and your Radiation to help neutralize that condition and keep it from disturbing others ; because any one who hurries, any one who is irritated, always irritates others.

Now you can learn to move rapidly and accomplish a great deal with no sense of hurry, because the moment there is a sense of hurry there is pressure and tension. You can remain perfectly relaxed and work with very great speed and yet not have any sense of tension when you get thru. Our Beloved Messenger used to do that repeatedly. When things piled up just about so much, he would make the call to the Presence and he would accomplish as much in one day as he would in a week ordinarily. Daddy never allowed tension in himself, otherwise he could not have held the connection which Saint Germain had to have to allow the Dictations to come thru.

You can learn to move quickly and do things with more speed and efficiency without any sense of tension and yet you can have a poised control of everything. It does not mean that in order to hold Harmony that you get into a loose-jointed lackadaisical slipshod attitude! That is nothing but slovenliness. People should be well knit together. A loose-jointed body is loose up here (pointing to head) and the individual is absolutely indif-

ferent to appearances. The slinker-slouch is your communistic way of life and is wholly wrong.

You never saw a loose-jointed Ascended Master in your life. Jesus does not look like that, nor does Saint Germain nor Daddy. You cannot imagine Jesus moving around and stirring up everybody in the house, because He could not find His hat, could you? Of course He would not lose His hat to start with.

I don't mean to move like the procession of the equinox either! There are times for speed and action and there are times for rest and quiet, and the Ascended Master is the Perfect Balance of both! I have seen Daddy move like a streak of lightning, but he was never under tension. A calm poised, self-controlled individual is what the Masters require. They cannot use students, no matter how much they want to serve the Light, if they are so erratic they never know when they are going to do things, with no discrimination and they stir up fifty other people with their discord. There is no service in that. They want people with strong poised illumined minds, who are obedient to the direction of God's Cosmic Love, Wisdom and Power; with the discrimination that enables them to do the right thing at the right time in the right way, with calm, poise and kindness at all times. These are the things the students need to watch in themselves.

Look at that Chart and ask yourselves what would you do or be like, if your "Mighty I AM Presence" was slipshod, irregular and indifferent to your requirements or calls. If It did not give you Its Life regularly and in sufficient quantity thru your heart beat and breath—how could you do what you want to do.

Look at that Chart and realize that Its Rays of Light come forth in Perfect Balance with each other; Its colors are harmoniously flowing out to bless all in perfect co-operation and co-ordination. Its Great Cosmic Love never stops pouring out and enfolding you every instant. Its Great Illumination floods you instantly, the moment you ask for Its Help or turn your attention to It and call; Its Victory is always yours whenever you shut out the human creation by holding your attention upon that Glorious God Presence—your "Mighty I AM"!

Then Behold and Be! all It offers you and outpicture the Mastery of Life which is the Fulfilling of the Law and God's Divine Plan made manifest to bless all everywhere forever!

Keep your attention on the Presence many times each day and at least once an hour. It does not make any difference what the demands of the outer self are, a certain amount of your time belongs to your "Mighty I AM Presence"! If you cannot put

your Presence first so it can run your world, so you do not have problems, then you will have to sit in your problems, until you will put It first. That is what is the matter with the world today. Everybody has put God second.

Everything I am giving you is to prepare you with God's Cosmic Love, Wisdom, Obedience, Harmony, Self-control and Power, so when others come to you and ask these questions, you will be able to answer them with Ascended Master Words. Don't try to explain this Law yourselves! The Great Ones have given a lavish amount of Information in these Dictations and there is an answer to every question anybody can ask, or the way and means of showing you how you can get the answer!

We want you to come to the point where the whole "I AM" Student Body is so well armored with Information and Understanding of the Law, that nobody can throw you off guard. If you ever contact atheists and they say they don't believe in God, just remind them—that they are surrounded by an Universe greater than themselves; it is run by an Intelligence greater than their own puny intellects, and they ought to be able to get some Illumination from it. Anything they don't see they don't believe exists. Therefore, they can see an Universe around them, greater than themselves and greater than this world! Divine Law and Order are maintained by an Intelligence greater than their own minds, and it is possible to learn something from It, so there is no argument. Don't get into an argument with anybody. Make a Statement of the Law and walk off. Nobody ever gained anything thru argument. Make an Ascended Master Statement with positive force and let them know you know what you are talking about. Shoot the Light into them, walk off and let It do Its own work!

