



**SAINT GERMAIN** has asked us all to use the following: "Will you take your firm stand against growing old? Instead of showing the appearance of age show greater beauty and Perfection all the time; because of the Light of your Presence, BE Its out-picturing in the flesh. You CAN do this and you will then be the out-picturing of the Perfection of the Presence to the world. Mankind needs to see this to hold the attention upon it. Individuals need to see that you are really being the example of the Perfection, which the Great Presence and the Ascended Masters are.

**"We have been observing the activity throughout America and the world. Within the last few days, We have been in Germany, Russia, France, England and some of the other countries. Seeing the poison that has been spread in the feeling world of those young people, really it is something that would almost wrench the heart, even of an Ascended Being. We see the magnificent youth of those countries whose minds are poisoned by this false pretense of the solution to the problems of the world. It is just drawing them into the meshes of a venomous thing which will one day be their destruction.**

**"I tell you beloved ones, Europe stands in the most dangerous position to-day that she has ever stood in her history. While the focuses of Light are small in the various countries, if it were not for them there would not be a hope for Europe today. I tell you, beloved ones, you have no idea what a small focus of Power does! In that nucleus of students in Belgium, through whom We are pouring the Power of Light to the limit and pouring Its Radiance out everywhere; it is doing tremendous work and your call over here is doing many wonderful things.**

**"Stand! as never before in the acceptance of the Power of the Light to take command of the minds and bodies of the people of earth! Trust the Great Cosmic Light as has been promised by the Mighty Arcturus and by the Great One, whom you have come to know now as the Goddess of Liberty! They have said: 'If necessary that Cosmic Light as of a Thousand Suns will descend into the earth and dissolve all human selfishness and discord from the planet.' That is the hope for mankind to-day.**



**"Therefore, in all your work, in all the Power of your Radiation you call forth and the calls you make, remember that you are speaking to this Power of Light of which the Ascended Masters, the Legion of Light and the Great Cosmic Beings are but activities."**

**• DECREES •**

*For everyone over thirty years of age:*

**"Mighty I AM Presence," Great Host of Ascended Masters, Mighty Legion of Light, Great Angelic Host, Great Cosmic Beings and Great Cosmic Light! charge my mind, body and FEELING world night and morning with ten times more energy than I need! keep It always qualified with the Ascended Masters' FEELING AND COSMIC LIGHT-SUBSTANCE! HOLD THAT FEELING THE ONLY POSSESSING PRESENCE AND VICTORY WITHIN ME, MY WORLD AND MY ENVIRONMENT, ETERNALLY SUSTAINED AND EVER-EXPANDING.**

**"Mighty I AM Presence"! I refuse acceptance of this appearance or feeling of age any longer! Fill me with the courage, strength, power, youth and beauty I had at sixteen; and charge my mind, body and world with Ascended Master Perfection forever.**

**"Mighty I AM Presence"! these are your Magic Feet! walk through them perfectly at all times!**

**"Mighty I AM Presence"! these are YOUR HANDS! Play through them PERFECTLY and perform MIGHTY ASCENDED MASTER MIRACLES of PERFECTION in everything they do forever!**