



"I AM" STUDY GROUPS

EACH Study Group should consider itself as a Holy Grail or "Cup of Light," which the Ascended Masters wish to keep full to overflowing and pouring out constantly to all who need it and for the protection of America and the world.

The intensity and power of that Light depends upon the harmony and purity of those who compose the group, for through a soiled garment that Light cannot shine. Therefore it is the duty and privilege of every student in the group and the leader to keep calling the "Mighty I AM Presence" into action to keep the group pure and Radiant with the Light of the Ascended Masters for the protection and illumination of all.

Whatever service you and the group wish to give should always be first qualified with the full Love of the "Mighty I AM Presence" and Ascended Masters in Its cosmic activity of the Quenchless Flame. The students should understand that it is imperative for them to quiet their feelings before coming to the meeting so they can bring as much joy, love and blessing as possible for the Ascended Ones to amplify and direct to the place it is most needed.

It would be well near the beginning of the meeting for all to give a decree for the ease, peace and comfort of everyone within the group and then expand this until it includes all mankind. Call with all the intensity of your Beings for the release of that Light and Love as of a thousand suns, for the healing of the nations forever.