DISCOURSE II

CHICAGO, ILLINOIS

November 12, 1944

My Beloved Legions of Victory! You who want Victory, you who call for Victory, you who have been Victory many times in the past! Today I come and clothe you again in more of My Cosmic Flame of Cosmic Victory, more of My Flame of Love from the Planet Venus, more of My Cosmic Flame of Cosmic Forgiveness; and as your Mighty Saint Germain said to you this morning—to the Minute Men—I draw forth at My Conscious Call all the Cosmic Force that you can stand, to charge forth the Fullness of My Victory through you!

When you give Acknowledgment, as you just have, to the Cosmic Power of Cosmic Victory, the Cosmic Force of Cosmic Victory, remember that which you desire for your Nation, that which you desire for all that is of the Light, everything you desire of the Victory of Light for all Life in the rest of the Universe around you. In that Acknowledgment and Command which you send forth, you charge your own worlds with all of that same Victory as It goes forth, and sixty percent stays in your own world! So, as you keep acknowledging the Cosmic Power of My Cosmic Victory of the Cosmic Light, and of My Cosmic Flame of Cosmic Love from Venus, you must yourselves become that which you acknowledge for the rest of Life!

Acknowledge the Freedom of all those blessed ones caught in the throes of war! If the loved ones of those who are in the war channels of the World would give this Acknowledgment with the same fierce determination, the same amount of energy with which they grieve, there could be no war on the Earth. So, I ask you to stand guard over your own feelings! Acknowledge nothing that is not your Victory of the Light! Acknowledge naught that is not My Victory of the Light! Acknowledge naught that is not America's Freedom and Victory of Light! Acknowledge naught but the release of those blessed ones into the Victory of Light where you want them! Acknowledge what you want with the Cosmic Force of My Victory, and Instantaneous Manifestations shall be yours!

Let Me show you, My Beloved Ones, how the energy of mankind acts, and what it is that has dared to take authority in the outer world from the other Life Streams of this Earth, and command them to war. That is nothing on Earth but vicious feeling at the solar plexus of a few individuals! *The Victory of Light to which I turn your attention, My Beloved Ones, is the Cosmic Force in the atmosphere* of Earth from the Physical Sun, from the Great Central Sun, and from the Ascended Masters' and Cosmic Beings' Octave of Light, which is Greater than all the energy in all the bodies of mankind on the Planet.

I turn your attention to the Source of Victory, the Authority for Victory, and the Force and the Power of the Cosmic Light which is always Victory! Now if I charge this room this afternoon with My Terrific Power, just remember—It is not going to have any effect on you but Victory of the Light! So don't qualify It with anything else! If anything distressing acts within or around you, it is your own human creation, not the Light "I AM" releasing! This Charge of Energy must go forth in this city! It must in Its Cosmic Force sweep over the Land, to compel the destructive forces and their plans to cease action and to let go of America, Her people, and Her resources!

Seldom has there been a feminine body upon this Earth, or upon any other, through which We have been able to release the Force which has gone through the atomic structure of this Messenger's body since the Ascension of your Beloved Godfré. Therefore, as "I AM" releasing this Greater Force of the Cosmic Powers of Light into the physical atmosphere of this room, it is to anchor around each of you the more Dynamic Action of the Power of Light, which you require in order to hold your Protection and to have Victory. If you want Victory, you must acknowledge Victory!

I have offered to take away from every one of you, all that is of your human limitation; but if I take it away, and the next week you go out and accept the suggestions of the people around you, you could not expect Me the week following to do it over again, could you? The Cosmic Law does not permit that; but if after it has been removed, you will continue to acknowledge your Victory, and My Victory, and the Victory of the Cosmic Light in Its Cosmic Action everywhere throughout the Nation and the World-then may others besides Myself stand beside you and give you Their Victory also.

Each of you can be as great a Power of Victory of the Light in your America as you desire. You can be the Open Door through which as much or as little as you acknowledge, can flow to dissolve human selfishness from within this Land, which has sought to enslave the people, unless they will acknowledge My Victory. From this hour henceforth, My Beloved Ones, call forth the Cosmic Force of My Cosmic Love and the Cosmic Force of My Cosmic Forgiveness, the Cosmic Force of the Cosmic Victory which compels human selfishness in the feelings of mankind to be stilled and dissolved—as if a streak of lightning had shattered forever those human creations. They are but a vortex of energy in any special locality. Your Acknowledgment is like the tones of that bell *(bell in tower striking the hour)* passing through the atmosphere of Chicago's Loop. Just so can your "I AM" Decrees for Cosmic Victory, in the release of their Cosmic Force, sound throughout the atmosphere of Earth, and draw from the Heart of Creation the Power of Victory which is the Divine Plan Fulfilled. The Acknowledgment of that Victory is the Power of Cosmic Light without limit.

I know, My Beloved Ones, it is much more comfortable to be quiet and stay by yourselves and not get too strenuous. So would it be for this Messenger; but when you deal with murderous forces, you need something besides sitting home in quiet and comfort, to keep them from walking in upon you! There comes a time, after you have given certain Conscious Acknowledgment through dynamic action and giving of your own Life's Energy in your Decrees, when your Momentum reaches a certain point. Later, when the Cosmic Light inside of you has reached a certain point, the Energy can go forth like that (motion of hand), in conscious direction through your hands. It can be sent to Its destination by the pressure in the atmosphere about you, which you have drawn forth through your Decrees; but My Dear Ones, like it or not, you will find that nothing on this Planet in this hour of mankind's frightful destruction will ever save you but your "I AM" Decrees, your Calls to the Great Cosmic Beings, and

the recognition of your own "I AM Presence" first!

Those of you who have continued to give your dynamic Decrees over the last year in this Class have been well rewarded; and I am sure all of you feel the difference in your own greater Power, which those Decrees have drawn forth through your bodies. That Power stands around you for your Protection and your Victory.

I bless and congratulate every one of you for your continued dynamic use of the Violet Consuming Flame. Keep it up! There is no substitute for your Violet Flame Decrees! There is no substitute for your Command and use of Life's Authority in speaking the Word, the Great Creative Word "I AM." There is no substitute for that. And all that is of Perfection in the future for you and all mankind, depends on the use of that Great Creative Word "I AM," the drawing forth, the use of your own Authority of your own Life Streams, your consciously controlled feeling which is maintained Harmony! It is the Fulfillment of everything your Hearts desire.

There is not one thing on the Planet or in the Universe which cannot be drawn to you, as you remember to place your Glorious "I AM Presence" first. Give It your love, your gratitude, and your acknowledgment! Use Its Great Authority of Life through the spoken word "I AM," and then issue your Decrees for what you wish your Beloved "Presence" to release to you out here.

In the Great Cosmic Power the Ascended Masters and Cosmic Beings wield upon this Earth, there is always the Authority of the "I AM," the Great Creative Word—"I AM." Every Being who has ever attained Freedom and the Power of Perfection had to understand that Word; had to use that Word in the Authority of the Life Stream and of that Individual's own Free Will, before Freedom and the Victory of the Ascension were attained, and before Cosmic Power could act through that Life Stream or at Its Command, for the Fulfillment of the Decrees.

I wish you might make an experiment. Try it this coming week. Ask your "Presence" to stand guard and remind you, that you do not speak any words which do not acknowledge your own Victory of the Light, America's Victory of the Light, and the Victory of the end of this war-the immediate and Victorious end of this war! Will you try for the coming week to see what you can do? If you do, I might call on you next Sunday. *(applause-audience rising)*

Thank you. That is a good start. I accept that and charge it with My Flame, to remind you this coming week to acknowledge only that which is your Victory of the Light, America's Victory, and the Victory of the World over this war forever! That does not relieve you of the responsibility of calling to your "Mighty I AM Presence" to keep you reminded, and to remember it with as much conscious effort as you can in the intellect. I do not mean for you to dominate each other this coming week, not at all; but it would be well to remind each other of the Victory you would all like to have, and instead of saying, "Why don't you acknowledge your Victory," you say, "I acknowledge the Victory for you!" That is an easier way of reminding each other; for your Decree does not antagonize anyone, and you have your own Victory as well. The same acknowledgment which you give for them, then acts in your own world; and you retain once and a half as much energy as acts for them.

Now, I ask you to realize that since "I AM" Victory to the Earth, and I have decided to stay in the atmosphere of Earth until the Victory of Light throughout the Earth has taken Its Permanent Dominion, then everything which I acknowledge is Victory, is it not? Since that is My Nature, since that is My Keynote in this World for your Freedom, since "I AM" Victory to Venus as well as the Earth, I cannot very well do otherwise than to manifest Victory! I do not know how any longer to create anything but Victory. That is one place where I have the right to use the word "can't." I can't know anything but Victory, since that is My Nature.

Then this week, as I clothe you in the Cosmic Flame of Love from My Heart, don't be surprised if you feel that you cannot acknowledge anything but Victory either! I shall help you, but also I ask you to acknowledge Our Victory for every one of those precious ones in the National Defense. Acknowledge their Victory over everything which is of war! Acknowledge their Victory of the Freedom from all that is of war! Call forth the Cosmic Force of that Victory which shall shatter in One Mighty Stroke, the hold of all destructive forces upon the Earth.

We would like to gain as much as possible a Momentum in the habit of your Acknowledgment of Victory, between now and when the Seven Sacred Weeks begin on the thirtieth of this month. That will give you almost twenty-one days to build your Momentum of acknowledging Victory; and as you acknowledge the Cosmic Force of My Victory, It draws into your world that which is of My Life Stream's Service to the Earth, My Power from Venus! In acknowledging the Cosmic Force which flows to you from the Physical Sun and the Great Central Sun, through the Cosmic Beings who govern this System of Worlds, It calls forth Their Victory also; and I might remind you that They, like Myself, can't acknowledge anything but Victory!

So, when you see all that is above you, which does not acknowledge anything but Victory; and your own "Mighty I AM Presence" and Higher Mental Bodies, which won't acknowledge anything but Victory-then there is nothing but a handful of this little human dust down here which says, "I am not victorious." YOU ARE VICTORIOUS! And the human dust will simply have to go into the Violet Flame and become purified! Then when it passes into the Light again, it too must become My Victory!

My Beloved Ones, oh, if you just took that one Word and acknowledged the Cosmic Force of My Cosmic Love, Cosmic Forgiveness, and Cosmic Victory in anything and everything that you do– under the Action of the Cosmic Law, My Life Stream would automatically flow in and My Flame consume all else. The Flame of Love and Forgiveness from My Heart would automatically consume all else.

What is it that opposes the Victory of the Light? Selfishness—which holds substance in a rate of vibration that is not Self-luminous, which means Godluminous! So when you call Me, watch out! When you call My Cosmic Force of Cosmic Victory into a situation, human selfishness must be annihilated. Do you know that human selfishness is the cause of all discord, and all discord is but a shadow before My Flame? If there were a piece of paper or a piece of material standing between you and the Light, and you wanted the Light, would it be difficult to put a match to that piece of paper and burn it up to let the Light come through? Well, just so with Myself.

In any situation wherein the Victory of Light

seems not to be coming through, when My Flame is called into action I burn out all substance of human selfishness. I am sure your Beloved "Mighty I AM Presence," your Beloved Saint Germain, the Blessed Goddess of Purity, and the Great Beings of Light will appreciate greatly your Acknowledgment of the Cosmic FORCE of the Violet Consuming Flame–compelling the Victory of My Light and My Cosmic Flame of Cosmic Victory to take possession and reign Supreme with Full Power!

The Cosmic FORCE of the Cosmic Violet Consuming Flame burns away the destructive qualities, and My Cosmic Flame of Cosmic Victory takes Its Dominion and possesses all. My Dear Ones, there must come the Acknowledgment through your "I AM" Decrees, and through your feelings, of these conditions which you want brought into the outer world! You may desire them with great intensity in your feelings and that is well, and this is where they begin first, of course; but if it were not necessary for you to speak the Word-to use the Great Creative Word "I AM" –why do you suppose It would have ever been given to you? Why would you have the Power of Speech, if that Action were not required under the Cosmic Law for the physical octave of Earth?

This is something in your Application of which I think some of you need to be reminded: It is all right to sit down and read the Discourses; and that must be done every day, because the more of the Ascended Masters' Words you read, the more of Their meaning and Their Power is photographed upon the cells of your bodies, and the more Their Perfection acts through the energy and substance of your worlds. But the reading does not take the place of your Conscious Command and the "I AM" Decrees sent forth! You may sit and read all day, and that would lift you to the Heights-that would raise your consciousness to Ours, and We could flood through you and around you, Our Love and Our Power-but if you hold It around you and do not send It forth to an objective through your Decrees, you still would not be expanding the Perfection of Life, which the Law of Life demands.

The feeling within individuals which does not want to give the "I AM" Decrees is a certain form of selfishness-because they want to hold the Power and the Energy within themselves, when the Great Cosmic Law says, "Send It forth into a world which is crying in the darkness!" Certain Powers of Life, My Dear Ones, are not and never will be conferred upon an individual who will not forget the outer self long enough to issue the Commands of Life and use the Great Creative Word "I AM"-with which every individual is endowed-in the Service of Light to Life in the rest of the World.

People often say: "Well, if I could just get my own

affairs straightened out, I would be so much better equipped, and I will give My Service to the Light; but I cannot do a thing while I am in this mess." That is why you are in the mess! If you would forget your own selfishness, your own problems, and your own affairs long enough to give your "I AM" Decrees for the Freedom of millions of mankind, there would flow through your problems and your world, just as much help as you send out and half as much again; and that would be the dissolving of your problems, because you would have sixty percent of the energy in your Decrees acting to solve your own problems.

My Dear Ones, today I am going to say something very severe, and then you will have to wrestle with it. People wonder sometimes why their Application has not worked more rapidly, and why this, that, and the other thing still hangs on. I am going to say something because this is the Truth! If your intellect begins to analyze too much why a thing is not acting, you keep your attention upon yourself so long, that the "Presence" and the Ascended Ones do not get a chance. The easiest way to perfect this outer self is to keep the Love from your Heart pouring to your own "Mighty I AM Presence"; and outside of giving the body reasonable care by keeping it clean, eating the proper food, and giving it enough sleep, forget it otherwise! Go into action and give service to the rest of the Universe, which will enable the Joy and

Expanding Power of the Light and Love from your own "I AM Presence" and the Ascended Masters to have a chance to flow forth through you and, in flowing through, dissolve your own human limitations.

That is why the Beloved Goddess of Liberty, the Mighty Arcturus, and Beloved Jesus all used the same Statement, that "if necessary for the Protection of America, then the Cosmic Light of a Thousand Suns shall descend into the Earth and dissolve"what?-"all human selfishness and discord from the Planet." It is that energy which is held close within and around the physical body and into your own affairs when the attention is upon your personal self, that forms your limitations. Command your attention to go to the "I AM Presence" and stay there-until it gives that "Presence" a chance to let the Fullness of Its Authority and Power of Perfection flow through, without tension in the body stopping the flow of the energy and holding it there, to feed again the limitations and the distress which have been built so long through habit.

All distress is selfishness, present and past! Now We are not demanding anything of anybody! We are not criticizing or blaming anybody, and don't go out and tell somebody else that their troubles are their own selfishness. I told you awhile ago that this week especially, if you will just say when you see something human acting in someone else: "I AM' your Victory! That thing cannot have you longer!"—in that way you will not become disturbed. You won't be a pressure on the feeling of others! They won't feel you are criticizing or condemning them. Instead, they will feel you are giving them assistance and the Fullness of what their Hearts really want.

Whenever you see mistakes in the physical world around you-and this is a feeling in which you will have plenty of practice-instead of saying, "Isn't that ugly," or making some remark which after all is the passing of some opinion-if instead you will just say: " 'I AM' the Cosmic Force of Victory's Victory and Power of Light which compels that into Perfection! I command it into the Violet Consuming Flame and the Ascended Masters' Octave! Mighty Victory, hold Thy Dominion there forever!"-if you will simply issue Our Command to whatever seems less than Perfection. instead of fighting a thing, rebelling against it, or disliking it, you will clear your own world. If you will simply take the Authority of your own Life Stream, your own "Mighty I AM Presence," using Its Cosmic Force, and command what is wrong to become the Cosmic Force and Perfection of the Victory of Lightwhether it be in yourself, someone else, or something you see, passing down the street-you will form the habit of raising all you contact into the Perfection of Light! Anything you see that is less than Purity and Perfection, you need never comment about, unless

you want to. You can always use this Command and have and give Freedom and Victory to all Life!

I challenge you to apply that to every person, place, condition, and thing you contact, or that comes to your attention, which seem to have human qualities of distress or unpleasantness! I challenge you to use the Cosmic Power and Authority of your own Life Stream to command the Cosmic Force of the Victory of Light to take possession, and change all that is less than perfect into the Perfection Life desires. Then call My Flame into action and see human qualities disappear. The same thing is true in the selfishness of individuals.

I am going to give you Assistance in controlling vicious feelings in others, to which I want you all to pay attention and understand completely. Don't get part of this and then go out and say this Messenger said so and so, because if you will listen, you will all be greatly blessed. When individuals send you unkind feelings, often there is a flare in you if someone says something irritating or becomes discordant and starts a discussion with unkind feeling. Instead of having an argument or adding discord by discussion or opposition, if you will turn to the "Mighty I AM Presence" and Higher Mental Body of that individual, send that one your love, and say: "Place Your Hands around the body or solar plexus of that individual, and hold that feeling still until it is annihilated! Don't let that go out to any other part of Life!"—it is just as if the Hands of the Higher Mental Body of the other individual reached down, held that one close, and stilled the energy, until no more could come out or be spoken which would produce discord in the atmosphere about *you*.

It may take a little time for you to build a Momentum of seeing this act and calling It into outer action around individuals; but if you will establish the habit of making that Call, instead of having arguments or discussions with anyone who is irritated or unkind, you will help that individual and yourselves too. You will protect yourselves, and at the same time help the individual to still the discord within himself or herself, until the Higher Mental Body has an opportunity to hold Complete Control.

My Dear Ones, if you were to build such a momentum and hold it for years around every individual you contacted—just by seeing the Higher Mental Body of each individual hold Its Arms around the solar plexus, whenever anyone was talking to you you would scarcely know what it was to have anyone speak unpleasant words to you. I think it is well worth making any effort to set this habit, to accomplish your own Victory and give such magnificent assistance to others as well as yourselves. In that way, you give each Higher Mental Body the Full Authority over the energy of the personal self, which It should always have. Call It into action to assist you, and you can also do the same thing with the Luminous Presence of any Ascended Being.

You could say to the Beloved Jesus, the Beloved Godfré, the Mighty Saint Germain, Myself, or any Ascended Being, as you visualize Our Luminous Presence full size, standing behind an individual, placing Our Arms of Light around the center of the body: "Mighty Victory or Beloved Jesus! Hold control of that energy and make it the Victory of Your Love." You would soon gain a Momentum, My Dear Ones, of not only assisting others, but do you know what would happen during the time you were doing that? You would be holding onto yourselves too, and that would be just as valuable.

I want to give you this afternoon the Assistance you require in not only governing the qualities in your own energy, but in the energy of others and in the atmosphere about you, from this standpoint. You have not yet realized it, although several of Us recently have mentioned this fact, that the control of the majority of the feelings of an individual through the control of the energy–whether it be harmonious or otherwise–is held at the solar plexus. The majority of the energy of the physical body is located in the central portion where the food is digested. Since the mass accumulation of the energy is located there, that is the place to hold control.

That is what the sinister force does when you become irritated. It strikes right at the stomach, because when you are irritated, that is where the ugly feeling comes forth and where you feel disturbed. I am offering you a way and means of holding control of the energy in your own world, and showing you how the "Mighty I AM Presence" or the Ascended Host can hold control of the energy in the central part of the body of someone else, through the Luminous Presence standing behind the individual with the Arms about the Solar Plexus of that one.

If you will build a Momentum of this, I think you will see many, many, many miracles and marvels take place, to your great relief and enjoyment. After all, the control of the energy either in yourself or in the atmosphere about you, is the Mastery of Life. If you cannot control it, you cannot have Mastery! If you want your Mastery, you must control it! If you control your own and you are doing pretty well, and someone in the outer who has quite an accumulation around the central portion of the body, suddenly becomes discordant and that energy dashes toward you, you should learn to control that also. Try to help the other person control it, by calling the "Mighty I AM Presence," the Higher Mental Body, and the Ascended Masters-I would call all three if I were you-to put Their Arms around the individual, hold

control of that energy, and see that it is not allowed to act against the Perfection of Life. You might get a good hug from your "Presence" and the Ascended Beings in the midst of a heated argument! It might surprise you greatly, but it would be very good for you. You are not supposed to do it for someone else; you are to hold control of your own energy and let the "I AM Presence" of the other individual and the Ascended Masters handle and control the energy in the other person's solar plexus. Then you would not have nearly so many arguments. You will find human selfishness will soon begin to dissolve, and that will give the Higher Mental Body a chance to help the individual do that which will cooperate with you whenever what you desire fulfills the Divine Plan.

My Dear Ones, do you know why mankind have so long failed to have the Perfection they have called for so earnestly, many times for many years? Many people have prayed and prayed and prayed sincerely for that which was right, but it has always been from up here (*pointing to head*). That is such an infinitesimal part of the energy of the body, when you realize what goes into the stomach! It is the energy through the central portion of the body which needs to be held still under your own control; and the energy in the other person's body, held in the Arms of Light from either the "Presence," the Higher Mental Body, or the Ascended Masters. You have no right to dominate and manage the energy in the body of someone else. You would object most strenuously if somebody did it to you! You all object when they try it; then don't try it on anybody else. However, you do have the right, and you are wholly within obedience to the Law when you call to the "Mighty I AM Presence," the Higher Mental Body of the individual, from whom all that energy has come, and to the Ascended Masters who are all Authority over everything human—to stand behind the individual, close the Arms of Light about that one, and shut off all human selfishness and discord.

Now we are headed right into the enemy's camp, because the stomach is it! You know that stomach is the bottomless pit! It never stays satisfied! You can just pour and pour and pour food, liquid, or whatever else you put into it, again, again, and again; and it is not fifteen minutes, half an hour, or two hours, until you are hungry again, and so you do it over and over and over. When that body goes for twenty-four hours without food, oh my, everybody is terribly worried. The individual has not had a meal all day! That would be a very good thing for a lot of people! I do not mean always, but once in a while to let that stomach have a chance to be quiet and rest and have nothing to do-oh, just for a little bit! The majority of people are pouring something down inside, every moment. That is why there is so much energy in the solar plexus, and that is what you should control. If you are going to put substance, which is energy, into the stomach, then hold on to it; qualify it with Light, and let the "I AM Presence" have a chance to produce Perfection through you. If somebody else falls off the pedestal once in a while, oh, help them up! You would have been in a rather bad way if some of Us had not looked in your direction once in a while, all through the centuries.

So, I would like to see the whole "I AM" Student Body acquire the habit of pouring love to the "Mighty I AM Presence" and the Higher Mental Body of each individual, just like a child often looks above your head. A tiny child many times, when the Light about an individual's body is great, often looks above the head of that individual. It keeps looking up there and doesn't pay much attention to the physical form. If you would do that-I don't mean become queer, and don't do it going down the street-but just occasionally, send your love and blessings to the "Mighty I AM Presence" and Higher Mental Bodies of all mankind, and ask the "Presence" of each one to fold the Arms of Light about all the energy in the body and hold it absolutely still and obedient to God's Light-you would help many people to have poise and self-control which they had never known before in this embodiment. You have no idea how that will settle nervousness.

With an individual who is irritated, nervous, and fussy, if you begin to call the Arms of Light from the "I AM Presence" to enfold that one, there comes, oh my, such a release, My Dear Ones-because as the Arms of Light close across the solar plexus, they shut off the connection with the energy of the outer world, or the vibratory action of the atmosphere, from pouring into the body of the individual. It simply breaks the contact and the individual immediately feels a sense of relief.

You could build as tremendous a momentum and Power of Assistance in this, as you can by visualizing the Luminous Presence of Jesus upon your own forehead; upon the foreheads of all upon whom you look; over the mouth, the solar plexus, or the Heart; or wherever you wish to see it-the same as you see the Luminous Presence stand behind the individual and absorb that one into Its Light. Were you to gain a momentum for several years of doing this to everybody you meet, you would be amazed, My Dear Ones, at the Freedom of your own bodies, because during the time you are visualizing the Luminous Presence of an Ascended Being, the Cosmic Light-Substance, the Unfed Flame, or any Action of the Sacred Fire in and around yourselves or anyone else, your attention is upon Perfection. Therefore, the Perfection you are seeing in and around someone else, is automatically being photographed upon your own flesh.

As you gain a momentum, your manifestations will become so marvelous that you just won't have time to see anything else. That is what the Mighty Master Jesus said-"See no man after the flesh." He said to this Messenger when she asked, "What did You mean by those Words?"-He said: "Exactly what I said-'See no human being according to the appearance and the feeling of the physical body.' "He also said Words that have not been repeated too often. Half of the Statement has been used and the other half forgotten. The Mighty Jesus said, "The Light of the body is the Eye"-the "I AM" was what He really intended, what He really meant, and what He really said in those early days-"and if thine Eye be single, thy whole body shall be full of Light"-because if you kept your attention upon the "I AM Presence," automatically Its Light would flow through you without obstruction; and if It flowed long enough, there would be no obstruction to the Self-luminosity of your bodies or the atmosphere about you.

That is the reason I have come today, to bring you this Explanation about holding control of the energy in your own bodies and giving this Assistance to others. When you shut off the rates of vibration which are discordant within yourself, or from the outer world, or from anyone else—as soon as you maintain Harmony, the body automatically begins to become more and more Self-luminous. The more you use the Violet Flame and keep those other rates of vibration shut off, the more Luminous would your flesh become.

Many of you are showing the greater Intensity of the Light through the flesh. The outer world has been very cognizant of that since the "I AM" Activity started. The outer world knows and sees It, and many have remarked about your clear skins and beautiful complexions. Many have remarked about the condition of the "I AM" Students-showing the Light you have acknowledged, the Violet Flame you have used, and the Cosmic Words you have spoken have all changed your flesh. Well, if you have changed it this far, My Dear Ones, with complete control of the energy in your own solar plexus-holding it continuously Harmonious-and then giving this Assistance which I have just explained, to others, your own bodies would before long become brighter and brighter, more and more beautiful; and your youth and beauty would be unmistakable in these present flesh bodies. That would be the Victory of the Light which would be yours when you command the annihilation of selfishness both within yourselves and in others, when it attempts to act.

When you call this Activity forth around individuals who might be tremendously stubborn, or who have some vicious creation around them, you could call the Cosmic Force of the Light of Thousands of Suns, the Cosmic Force of the Violet Consuming Flame, or the Unfed Flame as of a Thousand Suns, to draw all that energy within the Unfed Flame or the Violet Flame–just as if Arms of Violet Flame reached out and held control of that energy and purified it. See the Arms of Unfed Flame reach out and lock around the individual, holding control in Absolute Balance. Then as soon as you visualize that Activity, turn your attention to your own "I AM Presence" and the "Presence" of the other individual, and say: " 'Mighty I AM Presence,' sustain that now, and give the Freedom which enables Your Cosmic Victory to hold command!"

These are Mighty Activities of the Light! They are God Activities of the Life Stream of every individual; and until mankind are taught to control the feeling at the solar plexus, you can decree until you are a million years old, and you will not reach Mastery until that energy at the solar plexus is held quiet and purified– and you cannot do that in argument! You cannot do it in nervous conversation! You cannot do it if irritation and distress flare at the slightest provocation!

We have explained this many times. We have spoken, nobody knows how many Words to convey this to the "I AM" Student Body. The Statement of the Law has been made time and time again; and yet when desire of a certain pressure of feeling surges within the solar plexus, and you want to do something, some of you would do it if you blew the Earth to pieces the next minute! When that surge gets great enough, the outer self does not care what that pressure does. That is why Saint Germain said to this Messenger in the beginning, "The human ungoverned is more vicious than the animal in the jungle," because the animal would kill the body for food; but these individuals tear themselves to pieces, and go out and tear others to pieces, besides spoiling the Harmony of that which is in the world around them.

So, the first duty of the "I AM" Student is to hold absolute control of all irritated feeling within his or her solar plexus. The moment it starts, seize it, and say: "No! You don't ever again go out of me! Go into the Violet Consuming Flame and be thou no more! Thou shalt not torment Life longer!" Then call to the Elohim of Peace to clothe you in His Mantle of Golden Flame and hold His Arms about you, and He will come and give you Victory! It can be done! The Ascended Masters have all done it in the past. You must do it before your Freedom is attained; and you can do it best for yourselves, by giving this Assistance to all the rest of mankind wherever you move.

If you feel something coming on in yourselves in the way of irritation in the feelings, you can turn quickly to your "Presence" and say: " 'Mighty I AM Presence,' hold me in Your Arms of Light! and let no vibration act through me but the Love Flame from Your Heart, or the Cosmic Unfed Flame as of a Thousand Suns!" When you call forth the Love Flame from the Heart of your "Presence," qualify that with the Ascended Masters' Love Flame-because I would not open myself, if I were you, to any quality which would bring forth a release of energy, that later you might requalify discordantly. The "Presence" would release It, qualified with the Harmony for which you call; but unless you call that to be made Indestructible or charged with Ascended Master Consciousness, you might call It forth in great love and devotion, but if something discordant suddenly struck you, unless you shut it out, it would reach in and qualify that which the "Presence" had given you for constructive action. That is the danger point and that is what mankind have not understood.

When you call forth anything from your "I AM Presence," call for It to be Eternally Sustained, or qualified with Ascended Master Consciousness; and then you will have no opportunity in the future for anything to leave the door open for discordant forces to use that energy. It is necessary, My Dear Ones, to go through this world holding your peace, yet insulated from the outer activities and giving the assistance to all who are seeking their way to the Light also; for they are just as sincere in their desire to do right as you are. They may not be "I AM" Students, but there are millions of mankind who sincerely want to live the constructive way of Life.

Those you may assist without limit, and you can assist them in this way I have given today. In assisting them, it will enable you to hold a poised control of the energy in your own body and your mental and feeling world, to the great delight of yourselves and the freedom of mankind wherever you move. Then you will move forward and hold Harmony without interruption; and when that is maintained over a certain time, We will step through the atmosphere, greet you in the Visible, Tangible Bodies, and you will be safe in the use of the added Energy which We will draw when that occurs.

Do not think that this is unimportant. Don't just listen to these Words today, and forget to practice them tomorrow. You have been doing very well, but you have the capacity to do so much better that I am prodding you into action for greater Mastery, so you may give greater help to others who need you, oh, so much.

In the "I AM" Decree which the Mighty Saint Germain gave this morning, in the use of the Cosmic Force of any particular quality, or the Cosmic Light and the Sacred Fire, it would be very well if you call forth the Overwhelming Cosmic Force of the Cosmic Flame of Invincible Protection—with such Cosmic Force that nothing human on the Planet dare to oppose It. Call forth the Cosmic Force of Greater Cosmic Protection to you and all under This Radiation, to everyone in America who stands for Her Freedom and Divine Justice, or the Rights of Free Men throughout the World! Call that Cosmic Force of Cosmic Protection around all who want to protect Her Constitutional Government, the Honesty, Right, Justice, and Honor which She as a Nation must have as the Governing Authority if She is to survive; and She is to survive, for the Beloved Saint Germain has given Her the Flame of Love from His Heart, and She lives by His Life! (applause-audience rising)

Thank you, Precious Ones. I offer that to Him with My Cosmic Love, Gratitude, and Cosmic Force for His Cosmic Freedom! My Cosmic Victory is at His Command for that Freedom to America and the World. Thank you so much. Won't you be seated please.

Now in that Cosmic Sun of Even Pressure, whose Cosmic Victory is the Force of the Great Silence, I call forth Its Blazing Flame to enfold you within Its Dazzling Heart, to make you feel Its Living Presence, Its Living, Breathing Flame of the Cosmic Force of Cosmic Peace around you. My Victory, My Cosmic Flame of Cosmic Love, Forgiveness, and Victory shall expand through you and abide with you! It shall clothe you! It shall go before you! It shall be for you a Scepter of Power, a Mantle of Protection, and the Cosmic Dominion of that for which your Hearts have called in the Fulfillment of the Divine Plan, for your assistance on the Pathway of Light and Freedom to all you contact. It shall be the release of your Beloved America from that which is not of the Light! May She arise this hour into Her Cosmic Freedom! The Cosmic Force of My Cosmic Flame of Cosmic Victory shall flood over Her Land, and shut off all that has caused distress to Her people.

I call My Cosmic Flame of Cosmic Victory to go forth and seek out everyone in Her National Defense, and hold them clothed in My Love until their Ascension. May this hour see the release of the American prisoners in foreign lands from the claws of war forever! May all prisoners of war be released from that frightful destruction if they are to go into the next Octave, or released back to their native lands and awakened to the Light to serve It to their Freedom.

Thank you, My Beloved Ones! May you feel the Cosmic Force of My Cosmic Power of Victory, and be Its Assistance to everyone you contact, until human selfishness and discord are annihilated from every Life Stream; and all that the "I AM Presence" and the Ascended Ones have given you, you give for the Freedom of your fellowman and the release of your Nation into the Victory of the Light forever! I thank you and I clothe you in My Power of Love and My Forgiveness, which is Cosmic Victory for Eternity!